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Classification of disorders as approached by Psymentology

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Abstract

"*Interuniversalism*" or "*Interuniversalist perspective*" is a totally holistic way of viewing the human being. In this perspective man is not considered just as a pile of flesh and bones, but as vast as the world of existence. Within this perspective, the aspects of human dimensions are viewed as countless, comprised of various counts of software & hardware fragments. According to *Psymentology* and its *Interuniversalist* approach, illness is defined as any disorder, obstruction, impairment and imbalance in any of the infinite elements and components of an individual. Accordingly, an exact diagnosis, made by a human being, would be out of question. Therefore only an intelligent system with thorough competence, via a precise scanning, could diagnose and cure any defected part. Such a superb conscious grid, known as "*Interuniversal Consciousness*" is being used in *Psymentology*. According to *Psymentology*, disorders are classified into physical, psychological, psychosomatic, mental, mentosomatic, Body-Mind-Psyche disorders, and so on.

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Definition of *Psymentology*

Any method of treatment other than the classic conventional medicine falls under the Complementary and Alternative Medicine or C.A.M. The organization of National Centre for Complementary and Alternative Medicine (NCCAM), a subsidiary of Health and Human Services (H.H.S.) and National Institute of Health (NIH) in the U.S.A, which is in close cooperation with the World Health Organization (WHO), has classified C.A.M. into five categories:

- 1- Energy Therapies
- 2- Manipulative and Body Based Therapies
- 3- Alternative Medical Systems
- 4- Mind-Body Interventions
- 5- Biologically Based Therapies

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Psymentology falls under the fourth category of *Mind-Body Intervention* and the sub-category of Mental treatment.

Being categorized amidst other fields in Complementary and Alternative Medicine (CAM) of Iran, and concerning the Mind-psychology of mankind, "**Psymentology**" ['Psyche' + 'Mental' + 'Logy'] or "**Interuniversal Mind-Psychology**" has an Interuniversalist perspective with a totally holistic way of viewing the human being. Mind (*Zehn*) and psyche are each dealt as a separate concept in *Psymentology*, and each comprise a specific part of an individual. *Psymentology* tries to alleviate mental and psychological disorders.

Psymentology Objective

"*Psymentology*" or "Interuniversal Mind-Psychology" is a framework in which treatment is carried out through a software-based approach, without any hardware interventions or manipulations. By hardware we mean the treatments applied physically [i.e. externally] such as pharmaceutical, invasive & surgical, physiotherapy, massage treatments, or any other similar method that requires utensils and devices to be applied. On the contrary, by software interventions we mean only those therapeutic applications that are related to the existential software embedded in man. Such software interventions examine and resolve the patients' ailments without any pharmaceutical, operational or other similar treatments and without resorting to any technique.

"*Psymentology*" seeks to understand mankind and the constituent software of his existence, and also to cure man's unidentified mental conflicts by serving as a Complementary & Alternative Medicine (CAM) in helping those who are troubled. In this approach the probing and the removal of any software disorders would be achievable with the aid of the "Interuniversal Consciousness Network". (For details please see section "*Psymentology* and Its Significant Practical Application" in the same article)

A Brief Definition of the Dimensions of Human Existence

"**Interuniversalism**" or "**Interuniversalist perspective**" is a totally holistic way of viewing the human being. In this perspective man is not considered just as a pile of flesh and bones, but as vast as the world of existence.

In "*Psymentology*", defining the dimensions of the human existence is a function of the "Interuniversalist" approach that has an all inclusive prospect upon the human being. Within this perspective, the aspects of the human dimensions are viewed as countless, comprised of various counts of software & hardware fragments. The entire hardware components are eventually managed and controlled by a software compartment.

Some of human constituent components are:

- 1- Diverse bodies such as the Physical body, Emotional body (Psychological body), Mental body (Mind/*Zehn*), Astral body and so on.
- 2- Various energy transformers, namely known as "Chakra".
- 3- Numerous energy channels like those of limited, restricted or the fourteen non-physiological channels in the body as investigated in acupuncture.
- 4- Varied energy fields surrounding the body such as polarity field, bio-plasma field and so on.
- 5- Components such as cellular consciousness, molecular frequency, several software constituents, and an infinite number of other unidentified elements.

In the Interuniversalist approach, each fragment is studied in relation to other elements. Physique, Psyche, Mind (*Zehn*), different bodies and other human existential components are interrelated, where any impairment to one part could damage others.

Subsequently any exact diagnosis and/or even locating the particular defected component by a human being, would be out of question. Here only an intelligent system with thorough competence, via a precise scanning, could diagnose and cure any defected part. Such a superb conscious grid, known as the "Universal Consciousness Network" or "Interuniversal Consciousness" is being used in *Psymentology*. (For details please see section "*Psymentology* and Its Significant Practical Application" in the same article)

As described, in *Psymentology* the patient's treatment process is consistent with an "Interuniversalist Approach". Through this complementary and alternative method and quite unlike other medical fields, neither the diagnosis nor its treatment is attained by a human being; it is a process in which the therapist plays no crucial role. This distinctive diagnosis, free from any human initiative or even intervention, takes place principally by the grand Consciousness or the Interuniversal Consciousness (the unique Cosmic Awareness), through investigating (Scanning) the being, diagnosing/locating the defected components, and healing them afterwards. As a matter of fact, "**Scan**" indicates that the whole human existence is thoroughly scrutinized by the magnifying glass of this Consciousness (Interuniversal Consciousness Network).

Definition of Illness According to Interuniversalism

According to *Psymentology* and its Interuniversalist approach, any kind of fault, disorder, obstruction, impairment and imbalance in any of the infinite elements and components of human being, is considered an illness.

In other words, the criteria for an (ideal) healthy condition is that the different bodies of man (Physical, Psychological, Mental, Astral and so on) must be in contact and harmony with each other (Equilibrium-Phase of Bodies); different chakras must be working properly without any defect or obstruction; the fourteen channels of energy (considered in acupuncture) must be in equilibrium; the surrounding energy fields (polarity and bio-plasma fields) must be in order and positioned correctly; cellular consciousness must be healthy, molecular and cellular frequency should not be deviated from their original levels; and so on.

Moreover, *Psymentology* classifies illnesses into the three following categories. In general, the man's existence, like other parts of the universe, is made up of three major elements: **Awareness**, **Matter** and **Energy**. Figure 1 shows the **constituent elements of the universe (Figure 1)**.

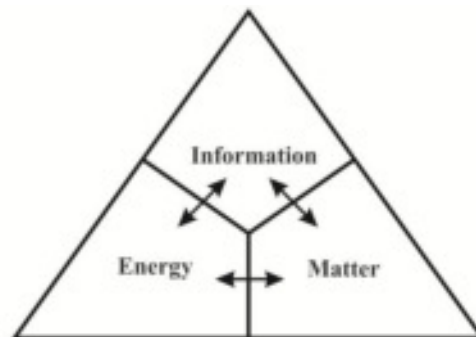


Figure 1. The constituent elements of the universe

As figure 1 illustrates, each of the above elements are convertible to one another. The conversion of matter and energy into consciousness is a complex and all inclusive discussion, which we intend to discuss separately in near future.

Consciousness is neither matter nor energy, whereas matter and energy themselves have been originated from consciousness; consequently none of the definitions of matter and energy apply to consciousness. Consciousness is

neither wave (frequency) nor particle, and lacks quantity, thus is not measurable and no graphical diagram can be illustrated to represent it. Consciousness is only a function of quality, it lacks the dimensions of time and space, its transfer and translocation are not time-bound (is instantaneous) and it is not a function of space either.

Considering the above, an illness can be caused as a result of the changes and transformations that take place within any of these three elements of man's existence and since the human existence functions uniformly, illness can spread into other parts.

Thus illnesses can be classified into:

Illness in Matter: including mechanical injuries, toxic effects, wear and tear, fatigue and aging.

Illness in Energy: an imbalance in energy channels, chakras, Polarity Fields and so on.

Illness in Awareness: disorder in cellular consciousness such as cancer and so on.

Classification of Disorders According to *Psymontology*

In general *Psymontology* classifies disorders as follows:

1- Physical Disorders

Includes mechanical injuries, toxic effects, wear and tear, fatigue and aging

2- Psychological Disorders (Emotional Disorders)

Any chronic and permanent emotional abnormality that has become a part of the individual's existence or any factor that causes abnormal emotional trends such as:

- Constant discontent with self, others and the environment
- Not being able to tolerate the environmental conditions and feeling constant vulnerability
- Agitation, anxiety, stress and agony
- Feelings of guilt
- Melancholy
- Lack of motivation, aimlessness and apathy
- Depression

It is noteworthy to emphasize that most psychological problems stem from the *Zehn*/Mind and are indeed considered as mental problems. According to *Psymontology*, the Mind (*Zehn*) applies a software management on all the dimensions of human's existence, controlling the entire software functionality of man's various components; scaling from cellular operation to memory management, learning, and so on. Man's perceptions are a product of the efforts of the Mind (*Zehn*). In *Psymontology*, Mind (*Zehn*) is not regarded as a part of the brain, yet the brain activities are a function of the Mind (*Zehn*), meaning that it is in charge of managing the brain. [For detailed information please refer to the book "*Human From Another Outlook*", M.A. Taheri]

Although feelings like worry, stress and anxiety are part of our emotions and are classified as psychological problems, they actually stem from our mentality and false perceptions which then infect our psyche (**Figure 2**). These false perceptions arise from faulty programming within the Mind (*Zehn*), which then influences the psyche and produces emotions like guilt and discontent. The mind can produce false conceptions of the world and the surroundings by creating irrational and totally unrealistic fears, which then imposes panic on the psyche.

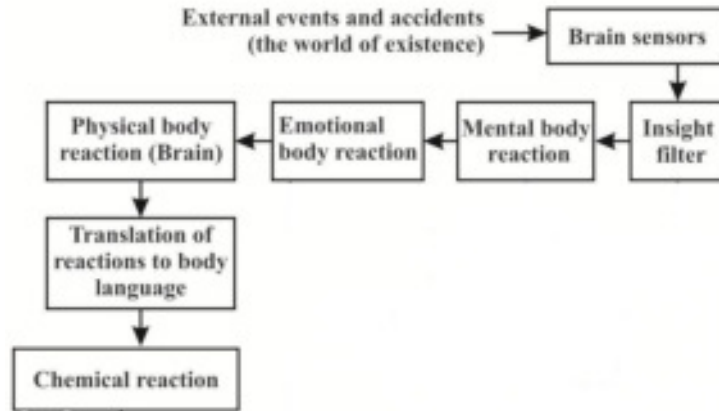


Figure 2. Interrelationship between the perception filter, Mental body (Mind/Zehn), Emotional body (Psyche) and physical body

3- Psychosomatic Disorders

According to *Psymentology*, the Justice-Guardian "Self" or the Special Court, is a division of the subconscious that takes action based on a special self-assessing system, and punishes those who are not acting in accordance with their responsibilities.

This court, in response to the Negative Potential Energy that an individual produces, brings him to the court and convicts him to stand the illness. The Negative Potential Energy is produced in situations such as agitation, frustration, worrying, bottled up feelings, sorrow and grief, sadness and unhappiness, feeling unfulfilled, feeling failure, feeling guilty, and so on. These types of illnesses are called **psychosomatic illnesses (Figure 3)**.



Figure 3. Chart of psychosomatic illnesses

In *Psymentology* in view of the above explanation, we call this group of illnesses the Court-division illnesses. Under no circumstances are the convict's defences acceptable in this court, as the court takes action according to the philosophy of human being's creation and in this court it is believed that the human being has not come on earth to produce negative potential energy.

One of the most important factors in creating the negative potential is dual behaviours which include: pretending and faking, compromise, suppression, tolerance and so on. The dual behaviours make up a major part of our behaviours and help us adapt to the environment and our surroundings. However, when this is out of the capacity of an individual, it leads to the accumulation of the Negative Potential Energy and to psychosomatic illnesses.

Managing the Negative Potential Energy is done through the Special Court. Subsequently, in proportion to the quantity of this energy, the Special Court convicts the individual to a type of illness that can trouble the individual with or without physical symptoms.

In other words, when the quantity of such negative energy reaches a certain level, the individual will be taken to the special court and will go through a one-way conviction. The pronounced verdict is executed on the individual as an illness which sometimes does not have any specific physical symptoms; nevertheless one feels the pain and the caused disabilities. The medical doctor would tell these patients that their problems are stress related, or in a more specific term, they have psychosomatic illnesses.

As previously explained, the special court's affairs are based on a *special self-rewarding system* which engages individuals who do not fulfil their mission of attaining Spirituality (*Kamal*).

Below are some of the common illnesses related to the Special Court:

Inward projection of negative feelings → peptic ulcer
 Agitation and worrying → Heart diseases
 Sorrow and grief → hypothyroidism
 Worrying together with inner conflicts → Ulcerative Colitis (intestinal)

4- Mental Disorders

According to the classifications of *Psymentology*, some illnesses are rooted in "mental" problems. In such cases, other people conceive the perceptions of these patients as 'abnormal'; for example Obsessive Compulsive Disorder, Schizophrenia, Paranoia, Sexual Deviation (homo-sexuality and so on), Forgetfulness, Hyper-activity, Phobias and so on. In *Psymentology* there is a specific approach towards these types of patients and the treatment for these cases lies within a special branch of treatment called "**Defensive Radiation**", which is thoroughly discussed in the book "Nonorganic Viruses" written by the present author.

Mental disorders include:

4.1 - Software-wise Classification

a - Software-based conflicts

Any abnormal thought, behaviour, tendency and any factor that disturbs human perceptions (i.e. Sexual Orientation Disorders such as homosexuality and so on)

b- Non-software complications (*Theory of Nonorganic Viruses*)

One of the most indispensable theories in *Psymentology* is the "**Nonorganic Viruses Theory**". According to this theory, mankind is encountered with viruses that could affect his mind, body and psyche; infiltrate in man's diverse existing components and data files, having them contaminated with parasites and derangements. When such parasites occupy the Mind data files, they consequently would bring about all kinds of hallucinations, abnormal behaviours and unusual drives. In *Psymentology*, through resolving the symptoms of this contamination as well as purifying the patient from nonorganic viruses, we are able to get rid of them and the subsequent complications. During the past few decades numerous successful experiences have been carried out proving the afore-mentioned theory.

It is worth mentioning that the term "*Nonorganic Viruses*" is applied to beings that are void of any organic or material aspect, whose unidentified form is not amassed with any atoms or molecules. At least and for the moment, they do not possess any physical or comprehensibly tangible form. As a result, and due to the lack of any bodily or identified structure, the world of science is not capable of identifying or tracing them. Thus, for now the only possible way of identifying them and removing their associated disorders is through experimental and empirical evidence. This might seem quite bizarre and unbelievable at first glance, just as it used to be ridiculed when Dr. Koch and Dr. Pasteur spoke of "bacteria", whose existence was gradually proved. [For detailed information please refer to the book "*Nonorganic Viruses*", M.A. Taheri]

4.2 - Subject-wise Classification

a - Perceptual hallucinations including visual, auditory, olfactory, tactile, sensory and motor

b - Bipolar Disorders

c - Multiple Personality

d - Obsessive Compulsive Disorder (OCD)

e - Irrational fears (Phobia)

f - Inclinations and abnormal drives such as abnormal attachment and detest, homosexual tendencies, suicidal drives, sadism, masochism.

g - Unusual behaviours such as sleep walking

h - Hyperactivity

5- Mentosomatic Disorders

According to *Psymentology*, some illnesses are caused as a result of the problem or weakness in the individual's perception. For instance an individual's illness might stem from his/her fear of death (**Figure 2**).

Perception is an individual's interpretation of his surroundings, the material world of existence and the external events. This filter is programmed in advance and based on the type of thinking, experience, personal understandings/insight and environmental effects; the filter accordingly evaluates the intensity and weakness of the current events, their existential values and other criteria. Perception in the broad sense can be defined as the individual's interpretation of himself and the world. [For more information please refer to the book "*The Human Comprehensive View on the World*", M.A. Taheri]

Mentosomatic disorders include:

a - "*Insight/perception-based*" disorders i.e. cardiac seizure due to intense agitation or stress

b - "*Hysterical*" disorders i.e. hysteric blindness, hysteric deafness, hysteric paralysis, and so on

6- Body - Mind - Psyche Disorders

Such as insomnia and sleep complications

7- Some unidentified disorders

These disorders are not yet catalogued elsewhere such as: relocation and rotation of pain in the body, unexplainable bruises on the body skin, sleep paralysis (*Bakhtak*), and so on.

Psymentology and Its Significant Practical Application

It is more than three decades since the foundation of **Interuniversal Mysticism (*Erfan-e Halgheh*)** and its subdivisions including the two complementary and alternative medicines of "*Faradarmani*" and "*Psymentology*" by Dr. Mohammad Ali Taheri in Iran. Interuniversal Mysticism examines the mystical concepts both in theory and in practice, and since it embraces all human beings, everybody regardless of their race, nationality, religion and personal beliefs, can accept its theoretical part and experience and make use of the practical aspect (such as *Faradarmani* & *Psymentology* treatments and so on).

Faradarmani deals with the treatment of physical, psychological, and psychosomatic (psyche and body) illnesses (categories 1,2,3), whereas *Psymatology exclusively* deals with the treatment of Mental, Mentosomatic, Body-Mind-Psyche and some unidentified disorders (categories 4,5,6,7).

The world of existence has been created from motion, therefore all its different manifestations also result from motion. For the reason that any motion requires a primary motivator to cause the movement, also a directing factor to give it a direction, there is an awareness or consciousness governing the universe which we call "**Interuniversal Consciousness**". Similar to a "**Cosmic Internet**", this all-encompassing consciousness has covered up all its constituent elements and subsets by intelligence/consciousness. Thus a meaningful resemblance could be established between the Interuniversal Consciousness and a Universal or "Cosmic Internet".

Psymatology is based on connecting or establishing a link to the "Interuniversal Consciousness" (**Figure 4**) and the entire pathway of exploration and transformation is made possible through this connection which can be applied and utilized in practice.

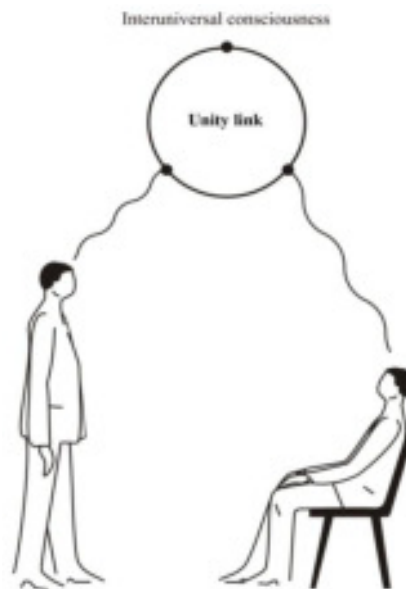


Figure 4. Establishing a connection or link to the Interuniversal Consciousness

Establishing a link or connection between human (as constituent-consciousness) and the Interuniversal Consciousness (as the "whole" consciousness or the collection of awareness or consciousness encompassing the universe - Divine Intelligence) can bring about results that man is not capable of attaining singlehandedly and through his own abilities. Healing/treatment is one of such feats which is indeed the subject of *Psymatology*.

Psymatology is based on the theory of "**The Consciousness Bond of the Parts**" or "**Parts Having Consciousness in Common**" (**Figure 5**). Through this therapy, the patient/individual becomes connected to the Interuniversal Consciousness via the Psymato-therapist [the practitioner only plays an intermediary role in providing the connection between the individual and the Interuniversal Consciousness]. After this bond is established, the person automatically undergoes the *Scanning* stage in which all existential constituents of the individual undergo scrutiny through the Consciousness Bond in order to detect any manifested or hidden defects or diseases. *Scanning* means inspecting the individual's whole being which as we explained before, encompasses

countless different components. Therefore, accomplishing this task is not possible except via the help of a grand intelligence beyond the wisdom, expertise and knowledge of humans.

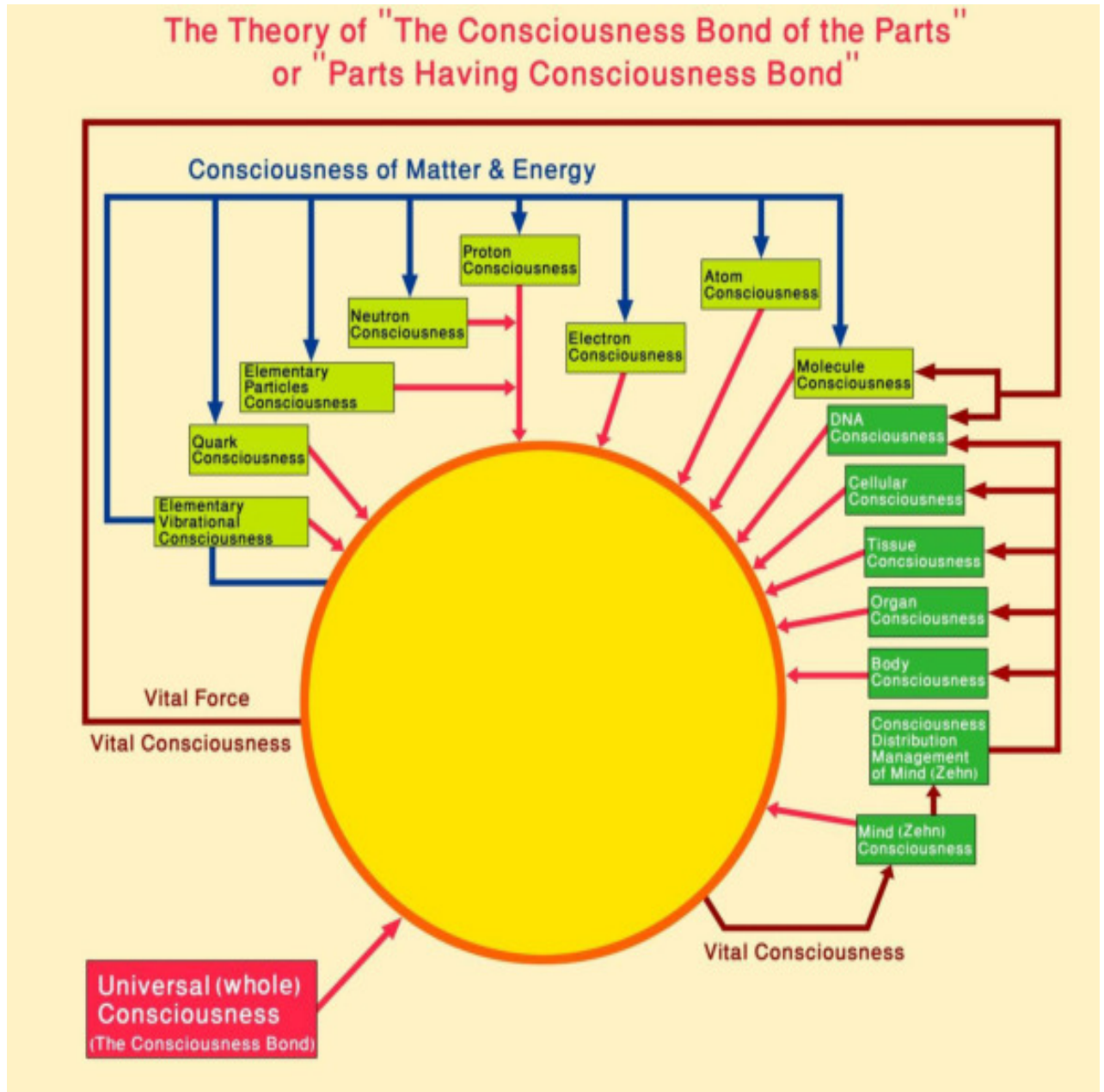


Figure 5. Theory of "Consciousness Bond" or "Constituents Having Consciousness In Common"

Considering that it is the "Interuniversal Consciousness" who indeed carries out the treatment, *Psymentology* can be effective in treating various types of illnesses and the Psymento-therapist cannot consider any kind of disease as incurable or attribute anything (power of healing) to himself. In view of the above explanation it is clear that

treatment does not depend on the expertise or energy of the therapist and there is no need for having a special kind of talent, power and energy.

Becoming present in *Psymentology*'s connection does not require any faith or any kind of belief. The essential condition for obtaining a result from *Psymentology*, is being impartially present in the connection (without any prejudice and judgment), thus taking part in the connection as an "observer" or a "witness". An "observer" is defined as one who only observes and while observing, avoids imagination, visualization, and anything that causes the observer to come out of the state of observing. An observer does not have any prejudgment or speculation and observes any changes without personal interpretation.

The advantages of *Psymentology* are that it is a simple treatment requiring no special place or time. Furthermore, it does not interfere with conventional medical treatments and can in fact proceed concomitantly with conventional medication and treatments. The most prominent advantage *Psymentology* offers is that the diagnosis and treatment processes are error free; hence there will be no side effects.

The practice of *Psymentology* has revealed the existence of the Interuniversal Consciousness. It has also exposed man to experience and exploit the Interuniversal Consciousness's functional and practical applications. Through such experiences, new portals of intellectual revolution have been opened to mankind, because he is on the way to observe and ponder over the whole creation from a different outlook. In other words at this stage mankind would attain a practical acquaintance with the Consciousness encompassing the universe.

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